

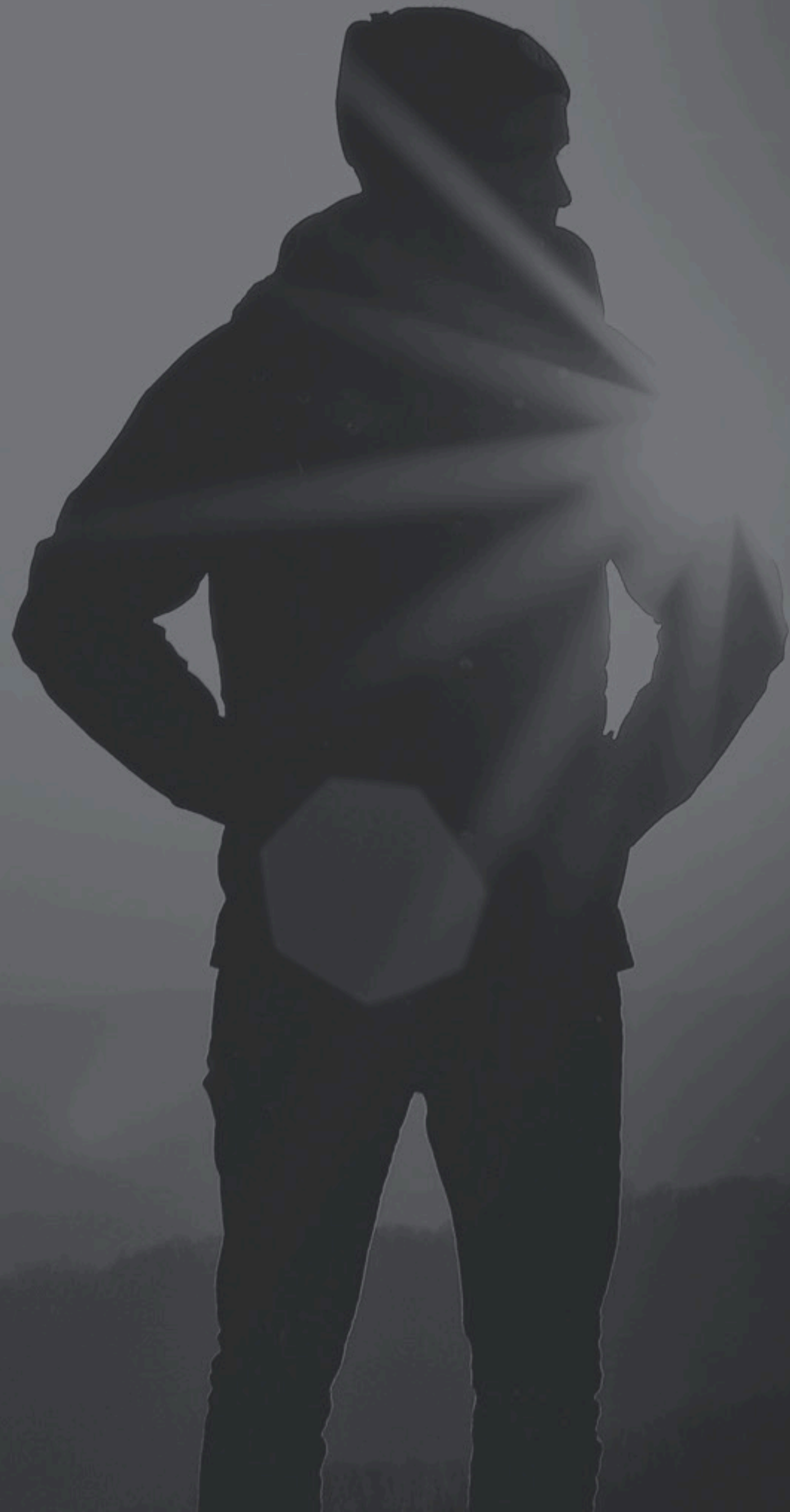
LIFE FOUNDATIONS



1. KNOW GOD

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2. PURSUE INTEGRITY



BE YOURSELF

GALATIANS 1:10

¹⁰ Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ.



BE YOURSELF

Am I living under the
self-imposed pressure of
always having to prove
something to somebody?

—

Why do we compare
ourselves to others?

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SOCIAL PSYCHOLOGIST LEON FESTINGER

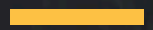
1. To reduce uncertainty in the areas in which they're comparing themselves.

SOCIAL PSYCHOLOGIST LEON FESTINGER

1. To reduce uncertainty in the areas in which they're comparing themselves.
2. To learn how to define themselves.

PSALM 139:16

Your eyes saw my unformed body; all the days
ordained for me were written in your book
before one of them came to be.



**Why shouldn't we compare
ourselves to others?**



TWO WAYS WE COMPARE OURSELVES:

1. **Negatively**

“ WILLIAM SHAKESPEARE

Oh, what a bitter thing it is
to look at happiness through
another man's eyes.

TWO WAYS WE COMPARE OURSELVES:

1. Negatively

2. Favorably

LUKE 18:10-14

¹⁰ “Two men went up to the temple to pray, one a Pharisee and the other a tax collector.

¹¹ The Pharisee stood by himself and prayed:

‘God, I thank you that I am not like other people—robbers, evildoers, adulterers—or even like this tax collector.

LUKE 18:10-14

¹² I fast twice a week and give a tenth of all I get.’ ¹³ “But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, ‘God, have mercy on me, a sinner.’ ¹⁴ “I tell you that this man, rather than the other, went home

LUKE 18:10-14

justified before God. For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.”



PASTOR JIM

**At some point we need to learn
from each other, but stop short
of trying to be each other.**

1 PETER 2:9

⁹ But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.

—

How do you 'be yourself'?

—

ROMANS 12:2

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

